Eileen Wisnewski, Director Location: Slavin Center 108 (401) 865-1290; <u>https://career-education-center.providence.edu/</u> Office Hours: M-TH: 8:30-6:00; F: 8:30-4:30

Meet with a Coach – We really want to see you!

- Daily Drop-in Hours Weekdays 1:00am-4:00pm for quick questions
- <u>Scheduled Appointments</u> Schedule in Handshake
- <u>Studying Abroad?</u> Virtual and phone meetings are available
- <u>Classroom/Club/Org Presentations</u> We love to present to groups of students, just ask!

Career Exploration –

- FOCUS 2
 Online tool that combines self-assessment and career exploration receive a list of careers based upon your results & helps in major/minor selection!
- What can I do with this Major? Learn about typical career areas by major and how to prepare

Handshake – Targeted, national internship and job database that also features events, interviewing, resource library, peer networking and more: <u>https://providence.joinhandshake.com</u>

Resumes – Create one as soon as possible

- <u>VMock</u> Virtual resume review system that can take care of it for you! <u>www.vmock.com/providence</u>
- Resume Guide attend a resume workshop use our guide (available in Slavin 108 and in Handshake)
- <u>Coaching Review</u> Stop by Slavin 108 during Daily Drop-in Hours or schedule an appointment

Interviewing – We assist all students with interviews

- <u>Campus Interview Program</u> Employers conduct interviews in Slavin 108
- Need to interview by phone or virtually? Contact our office to reserve a room!
- <u>Big Interview</u> Virtual interviewing practice system

Internships FAQ – All of your internship questions answered

• Stop by Slavin 108 during Drop-ins/appointment, also available in the Handshake Resource Library

Career Expos – One each semester – see employers <u>https://providence.joinhandshake.com</u>

- <u>Fall</u>: We will hold both virtual and in-person (if able) to accommodate all employers, grad school, internship, job, and volunteer opportunities, Major/Minor Fair, Professional LinkedIn photo booth
- <u>Spring</u>: Style TBD, grad school, internship, job, and volunteer opportunities, Professional LinkedIn photo booth

Connect with Alumni – A valuable resource for everyone!

- Friarlink PC system of 900 PC Alumni, willing to share their career expertise and potentially shadow
- Networking Nights Boston, NYC, Hartford, DC, LA and more
- <u>Careers in Series</u> Career panels in Science, Sales, Law/Government (more to come)
- <u>Shadowing Program</u> Spend a day with PC alumni during winter break. Applications due early Fall
- <u>Career Treks</u> Site visits in NYC, Boston, DC & Los Angeles
- Find a Friar Series Connect with 100+ alumni

Friar 4 Career Core (FFCC) – Workshops & programs to help prepare for a successful work life

- <u>https://career-education-center.providence.edu/friar-four-career-core/</u>
- <u>Professionalism & Work Ethic</u> Office etiquette, online presence, career search and salary negotiation
- Teamwork & Collaboration interacting with others by using strengths and emotional intelligence
- <u>Communication & Influence</u> communicate, network, influence others, personal branding
- <u>Technology & Analytics</u> Budgeting, financial literacy, data fluency and search engine optimization
- <u>Microsoft Office Suite Certification Program</u> virtual and workshop instruction to prepare students to sit for certification exams on the platform. PC is a certified testing center!

• <u>Badging Program</u> – Through program students can earn digital badges and compete with their friends!